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Post Operative Gallbladder Removal Surgery Instructions

Day of surgery:

- A prescription for pain medication will be given the day of your surgery
- Do not take any Tylenol with your prescribed pain medication
- After two days you may alternate your prescribed pain medication with ibuprofen (Advil). Unless instructed differently at discharge.

After surgery:

- Incisions are closed with dermabond (a type of glue). This will typically come off in 7-10 days
- You may shower the day after your surgery. No soaking in tubs
- For the first 2 days after surgery eat a bland diet such as jello, juices, cream of wheat, oatmeal, and crackers. May resume previous diet after 2 days.
- No driving for one week after surgery
- No lifting over 10 pounds for 3 weeks after surgery unless instructed differently.
- Call the office and schedule an appointment approximately 2 weeks after your surgery

If you experience any of the following symptoms, call the office as soon as possible.

- Fever over 101° Fahrenheit
- Worsening pain that is unrelieved by pain medication
- Nausea or vomiting that persists
- Worsening incision redness or drainage from the incisions
- Yellowing of your skin or eyes
- Darker than normal urine
- Or any other concerns or questions